Christ Church C of E School Clifton

Together We Learn

Friday 2nd May 2025

Dear Parents and Carers

During term 5 and term 6 the children will be covering the content of 'safety and the changing body' as part of the KAPOW PSHE and RSE programme.

You will find in this letter an overview of the content to be delivered as part of the unit or each year group. The PSHE Policy, parent guidance and vocabulary will be sent as separate attachments. Please note this shows the content from reception to Year 6. Our class teachers are happy to provide further explanation if you have any questions regarding the material.

In previous years, we have found that teaching of RSE has been well received by families. It is important for children to learn these facts alongside their peers, as they will naturally discuss their lessons with friends. The class teachers deliver the materials in an unbiased and inclusive manner. They will answer pupils' questions to the best of their ability, and should a question fall outside the framework, they will speak with parents and carers directly.

You may find that your child is keen to speak openly with you about what they have learned, or they may choose not to discuss it at all. Both responses are entirely normal. Our aim is to support children in understanding that learning about their bodies, the changes they experience, and how babies are made is a natural part of growing up.

Should you wish to discuss any aspect of this further, please speak to your child's class teacher in the first instance. If you would prefer to speak with myself or Mrs Richardson, please contact the school office to arrange a conversation.

Thank you for your continued support with what we believe is a very important part of our curriculum.

Yours sincerely

Mark Oldfield
Headteacher

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	***Safety and the Changing Body* will explore the following topics and concepts:**	**How is my child taught about puberty and human reproduction?**
Year 1	● Learning how to respond to adults in different situations. ● Distinguishing appropriate and inappropriate physical contact.	Children of ages 5-6 are taught: ● Acceptable and unacceptable physical contact. ● The differences between boys' and girls' bodies.
Year 2	• Introduction to online safety. ● Distinguishing secrets from surprises. ● Naming body parts and looking at the concept of privacy.	Children aged 6-7 will: ● Learn about 'boys' and girls' bodies. ● Scientific names for body parts. ● Understand that private parts are private.
Year 3	● Be a responsible digital citizen. ● Cyberbullying, identifying unsafe digital content. ● Influences and making independent choices.	No new content in Year 3
Year 4	● Building awareness of online safety and benefits and risks of sharing information online. ● Difference between private and public. ● Age restrictions. ● Physical and emotional changes in puberty.	Children aged 8-9 will: ● Learn about some of the physical changes pupils will experience as they go through puberty. ● Understand that physical change is part of growing up. ● Identify the changes that males and females go through as they grow and develop from being a child to an adult.
Year 5	● Exploring the emotional and physical changes of puberty, including menstruation. ● Learning about online safety, influence. ● Strategies to overcome potential dangers.	Children aged 9-10 will learn about: ● The menstrual cycle and other changes that happen during puberty. ● Emotional changes that occur during puberty.
Year 6	● The reliability of online information. ● The changes experienced during puberty. ● How a baby is conceived and develops.	Children aged 10-11 will: ● Further develop their understanding of the physical and emotional changes that happen during puberty. ● Learn about the biology of conception. (Parents have the right to withdraw their child from the 'Main event' part of this lesson.) ● Learn how a baby develops in the womb and is born. (Parents have the right to withdraw their child from the lesson.)

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